

Dr. Atkins' Diet Revolution; The High Calorie Way To Stay Thin Forever By Robert C. Atkins

By Robert C. Atkins

Robert C. Atkins, M.D., was the founder and Executive Medical Director of The Atkins Center for Complementary Medicine in New York City. His groundbreaking weight

In 1973, the late Dr. Robert Atkins published his first book entitled Dr. Atkins Diet Revolution: the high calorie way to stay thin forever. In this

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Dr. Robert C. Atkins introduced his Diet way such as a very low calorie diet with Dr. Atkins New Diet Revolution by Robert C. Atkins, M

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