

# **Dr. Atkins' Diet Revolution; The High Calorie Way To Stay Thin Forever By Robert C. Atkins**

**By Robert C. Atkins**

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Robert Coleman Atkins (October 17, 1930 April 17, 2003) was an American physician and cardiologist, best known for the "Atkins Nutritional Approach", or "Atkins

Page 3-1972 Atkin's plan by the book Atkins '72 Dr. Atkins' Diet Revolution; the High Calorie Way to Stay Thin Forever by Atkins, Robert C

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