

Dr. Atkins' Diet Revolution; The High Calorie Way To Stay Thin Forever By Robert C. Atkins

By Robert C. Atkins

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Robert Atkins (nutritionist) - Wikipedia, the -

Robert Coleman Atkins (October 17, 1930 April 17, 2003) was an American physician and cardiologist, best known for the "Atkins Nutritional Approach", or "Atkins

Atkins diet - Wikipedia, the free encyclopedia -

Atkins diet, also known as Atkins nutritional approach, is a low-carbohydrate diet promoted by Robert Atkins from a research paper he read in The Journal of the

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