

# **Hungry Chick Dieting Solution: Whoever Said That You Should Have To Starve Yourself Just To Lose A Few Unwanted Pounds? By Chef Jai Scovers**

**By Chef Jai Scovers**

Chef Jai Scovers is the author of Hungry Chick Dieting (5 ratings, 3 reviews, published 2012), Hungry Chick Dieting Solution (4 Chef Jai Scovers s [http://www.goodreads.com/author/show/6638136.Chef\\_Jai\\_Scovers](http://www.goodreads.com/author/show/6638136.Chef_Jai_Scovers)

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