

Labanan Solo: The Combat Exercises (Anyo) Of Modern Arnis By Dan Anderson

By Dan Anderson

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Arnis Eskrima Kali Labanan (Combat) and Anyo (Form). saya rasa praktisi Arnis dan Eskrima sudah tau ttg hal ini

Modern Arnis - Fighting Styles - Fight Authority -

The term Modern Arnis was also used by Remy Presas Modern Arnis includes the use of anyo (kata), solo forms both Dan Anderson formed another branch of the

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