

Living In The Tao: The Effortless Path Of Self-Discovery By Mantak Chia

By Mantak Chia

Living in the Tao: The Effortless Path of Self-Discovery [Mantak Chia, William U. Wei] on Amazon.com. *FREE* shipping on qualifying offers.

Living in the Tao : the effortless path of self-discovery, Mantak Chia and William U. Wei. 9781594772948 (pbk.), Toronto Public Library

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About the Author(s) of Living in the Tao. Mantak Chia, world famous Inner Alchemy and Chi Kung master, founded the Universal Healing Tao System in 1979.

Mantak Chia is the director of the Tao Garden Integrative Medicine Health Spa and Resort training center in northern Thailand and the author of 35 books including

To recognize one s own insanity is, of course, the arising of sanity, the beginning of healing and transcendence

Welcome to Taoist Living, my opportunity to share essays, poems, and reflections about the day to day adventure of learning to live in the flow of the Tao.

Tao or Dao is a Chinese concept signifying 'way', 'path', 'route', or sometimes more loosely, 'doctrine' or 'principle'. Within the context of Chinese philosophy and

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