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By Jan Scott

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Behavioural and Cognitive Psychotherapy. Behavioural and Cognitive Psychotherapy / Volume 31 / Issue 01 / Wed Jan 01 00:00:00 GMT 2003, pp 113-122

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Jan Scott is an internationally renowned expert in the use of cognitive behavioural therapy in the treatment of depression and bipolar disorder.

**Scott, J. (2001). Overcoming Mood Swings - -**

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Prof Jan Scott (UK) Jan Scott is Professor of Psychological Medicine at the University of Newcastle, an Honorary Professor at the Institute of Psychiatry and a

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