

The Confidence Myth: Why Women Undervalue Their Skills, And How To Get Over It [Paperback] By Helene Lerner

By Helene Lerner

Why Women Undervalue Their Skills, and How to Get says Helene Lerner, isn't so much that women lack confidence but beating this confidence myth and

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"The Confidence Myth is the handbook for any woman looking to succeed in her career."-- Barbara Corcoran, real estate mogul and star of ABC's Shark Ta more

This is why I love you guys, you make the content for me. A reader going by Al E. posted this fascinating comment in regards to my post, The Confidence Myth.

As a lifelong big girl (so far), I'd like to debunk a few myths about plus size women and our dating lives.

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Jessica Valenti: Women's lack of confidence could be just a keen understanding of just how little society values them

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