

# The Dukan Diet: 2 Steps To Lose The Weight, 2 Steps To Keep It Off Forever By Pierre Dukan

**By Pierre Dukan**

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Calculate your True Weight and start to lose with the Dukan Diet - a low carb high protein diet plan for healthy and successful weight loss.

Dr Dukan has created a new version of his bestselling diet. It's just as effective as the original but with a seven-day eating plan you can lose weight at your own

Dukan Diet, The: 2 Steps to Lose the Weight, 2 Steps to Keep It Off Forever 2 Steps to Lose the Weight, 2 Steps to Keep It Off Forever Dr Pierre Dukan (Inbunden)

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