

The Everything Vegan Pregnancy Book: All You Need To Know For A Healthy Pregnancy That Fits Your Lifestyle (Everything Series) By Reed Mangels

By Reed Mangels

The Everything Vegan Pregnancy Book All You Need to Know for a Healthy Pregnancy that Fits your Lifestyle Reed Mangels, PhD, RD,

The Everything Vegan Pregnancy Book also includes 150 recipes - from appetizers to desserts. Expectant parents can feast on Morning Cereal Bars, Tandoori Seitan,

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Ginny Messina gives it a very favorable review. Even those who have already experienced a vegan pregnancy will find important information here.

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