

The Zen Diet Revolution: The Mindful Path To Permanent Weight Loss By Martin Faulks;Philippa Faulks

By Martin Faulks;Philippa Faulks

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Richard Faulks is the author of The Zen Diet Revolution (2.60 avg rating, 5 ratings, 4 reviews, published 2012), Richard Faulks s Followers.

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Martin Faulks is the author of Becoming a Ninja Warrior (4.60 avg rating, 5 ratings, 1 review, published 2010), Butterfly Tai Chi (4.20 avg rating,

http://www.goodreads.com/author/show/2894202.Martin_Faulks

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<http://en.wikipedia.org/wiki/Zen>

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