

Wood Becomes Water: Chinese Medicine In Everyday Life By Gail Reichstein

By Gail Reichstein

The body in traditional Chinese medicine - -

The model of the body in traditional Chinese medicine (TCM) Metal, Water, Wood, and Fire. Water is an element of life and death. Water governs the Kidneys(1)

http://en.wikipedia.org/wiki/The_body_in_traditional_Chinese_medicine

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Gail Reichstein Rex, she has been practicing Chinese medicine since 1995, and is the author of Wood Becomes Water: Chinese Medicine in Everyday Life.

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includes imbalances of the Water, Wood, Fire, Earth, and Metal Elements giving Elements According to Chinese Medicine. Organ systems when it becomes

<http://agelessherbs.com/five-elements-theory/>

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Wood (Wu Xing) - Wikipedia, the free encyclopedia -

Wood (Chinese: 木; pinyin: mù) In Chinese medicine, wood is associated with negative feelings of anger, water engenders Wood,

[http://en.wikipedia.org/wiki/Tree_\(Wu_Xing\)](http://en.wikipedia.org/wiki/Tree_(Wu_Xing))

The Five Faces of ADHD: A Chinese Medicine -

applies the principles of traditional Chinese medicine Unlike Wood types who become confrontational, Water kids become withdrawn in chronic stress

<http://www.holisticprimarycare.net/topics/topics-a-g/acupuncture-a-oriental-med/12-the-five-faces-of-adhd-a-chinese-medicine-approach>

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The challenge for water types is to overcome their fears and become active participants in life. In traditional Chinese medicine, water Chinese medicine, wood s

<http://susanlevitt.com/about/writers-resume/the-five- taoist-elements-fire-earth-metal-water-and-wood/>

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Gail Reichstein Rex, L.Ac., and is the author of Wood Becomes Water: Chinese Medicine in Everyday Life. Posted on Tips on Life and Love

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