

# Wood Becomes Water: Chinese Medicine In Everyday Life By Gail Reichstein

By Gail Reichstein

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Fakta: Wood Becomes Water Mediatyp: H ftad F rlag: New Leaf Utgiven: 19980501 Sidantal: 238 Spr k: Engelska ISBN: 9781568362090

### **Wood Becomes Water: Chinese Medicine in Everyday -**

Wood Becomes Water: Chinese Medicine in Everyday Life. Does your back pain flare up in the evening? Perhaps your water element is weak. Allergies in the spring?

### **Gail Reichstein Rex | Official Publisher Page | -**

Gail Reichstein Rex, L.Ac., and is the author of Wood Becomes Water: Chinese Medicine in Everyday Life. Posted on Tips on Life and Love

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Gail Reichstein is the author of Wood Becomes Water (3.94 avg rating, 81 ratings, 11 reviews, published 1998) register; tour; Gail Reichstein s Followers.

### **Gail Reichstein Rex, L.Ac. | Inner Traditions -**

Gail Reichstein Rex, she has been practicing Chinese medicine since 1995, and is the author of Wood Becomes Water: Chinese Medicine in Everyday Life.

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plants and the human body, writes Elson M. Haas, MD, in Staying Healthy With the Seasons Wood Becomes Water: Chinese Medicine in Everyday Life

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